

Stony Brook Technology Center. 3400 Nesconset Highway (8 Technology Drive). Suite 101. Setauket, NY 11733 271 rte 25A. Wading River, NY 11792 Phone: 631-751-8700. Fax: 631-751-5971. www.lidigestive.com

WILLIAM J. COHN, M.D. GARY R. BERNSTEIN, M.D. EUGENE A. COMAN, M.D. HOWARD A. KESCHNER, M.D. ROBERT J. BARANOWSKI, M.D. SETH E. PERSKY, M.D. EMILY GLAZER, M.D. EUGENE LICHT, M.D. H. MATTHEW COHN, M.D. NEVA CASTRO, M.D. MARGARET A. CARIOLA, C.A.N.P. JILLIAN M. FRATEPIETRO, ANP•C JENNA SONNENBERG, N.P. ALYSSA ALLEN, N.P.

PROCEDURE DATE: _____

MATHER

ST.CHARLES

{If you need to cancel your procedure, please let us know as soon as possible.)

LIDDC: ERCP PREPARATION INSTRUCTIONS

MORE THAN TWO WEEKS BEFORE YOUR PROCEDURE: Inform the office {631} 751-8700 IF:

- 1. You are diabetic.
- 2. You are allergic to latex.

3. You take blood thinning products (Coumadin, Plavix, Aggrenox, Brilinta, Pradaxa, Pletal, Ticlid, Brilinta, Trental, Effient, Xarelto, Eliquis).

4. You have a prosthetic heart valve, a history of endocarditis, vascular graft, prosthetic joint replacement within the last 12 months. You may need antibiotic coverage for your procedure.

5. Make sure you have a responsible party to take you home after the procedure. We may cancel the procedure if you do not have a responsible party to take you home.

A. ONE WEEK BEFORE YOUR PROCEDURE:

- 1. Do not take iron, iron-containing compounds, Vitamin E. fish-oil, Advil, Motrin, ibuprofen, alive, naprosyn. You may take Tylenol (acetaminophen).
- 2. If you are taking aspirin 81 mg/day (baby aspirin) you should CONTINUE this unless otherwise instructed.
- **3.** Blood work should be done 7-14 days prior to the procedure. A pregnancy test should be done less than 7 days prior to the procedure if you are a woman of child bearing age.

Instructions continued on reverse side

B. THE DAY BEFORE YOUR PROCEDURE:

If your procedure is scheduled in the hospital, call the evening before for your arrival time.

- Mather Hospital (631) 476-2717 - St Charles Hospital (631) 474-6441

D. THE DAY OF YOUR PROCEDURE: DO NOT EAT ANY FOOD

- Do not eat solid food on the day of your procedure. No gum or candy. You may drink only clear liquids (liquids you can see through) up until 6 hours before your procedure. Do not drink anything less than 6 hours before your procedure. These fluids should not be RED or PURPLE. Examples include: apple juice, water. clear broth or bouillon, Gatorade, Snapple, carbonated soda, jello, ice popsicles. black coffee, black tea. (sugar or sweetener is allowed - but NO milk/creamer) than 6 hours before your procedure.
- 2. You may brush your teeth.
- 3. Take your usual morning medications with a sip of water.
- 4. Wear loose fitting clothes. Do not wear contact lenses, jewelry or make-up. Remove tongue piercings.
- 5. Bring your inhalers with you. Bring your glasses case with you.
- 6. Contact the office if you have questions or your physical condition changes (cold, fever. illness) (631) 751-8700.
- 7. We may cancel the procedure if you do not have a driver to take you home. Your driver will need to sign your discharge papers. You may resume your normal diet after the procedure. You may not drive for the rest of the day/night. You may resume normal activities the next day.